



VitaFlex Claim Guidelines Over The Counter Medications

These lists include common items. They are not meant to be all-inclusive. If you have questions about a particular product, please call Vita at (650) 968-8811.



Eligible OTC Expenses

Ace Bandages	Epsom Salts
Acne Treatment	Eye Drops
Adult Cold & Sinus Medicine	First Aid Kits
Adult's & Children's Bandages	First Aid Tape, Gauze, & Pads
Allergy & Sinus Medicine	Fungicides
Antacids	Heartburn Relief Medication
Anti-diarrheal Medication	Heat Therapy
Anti-gas Medication	Hemorrhoidal Cream
Anti Itch Cream	Hormone Replacement Therapy Medications
Antibiotic Ointment	Hot and Cold Compress
Antifungal Creams	Hydrogen Peroxide
Antiseptics	Insomnia Medication
Arthritis Relief	Laxatives
Athlete's Foot Medication	Lice Medication
Bengay	Migraine Relief
Bronchial inhalers	Motion Sickness/Nausea Medication
Burn Cream	Muscle and Joint Cream
Burn Spray	Orajel
Braces and Support	Pregnancy Tests
Canes	Reading Eye Glasses
Canker & Cold Sore Relief	Skin Irritation Medication
Children's Cold & Sinus Medicine	Sore Throat Remedies
Condoms	Sports Tape
Contact Lens Solution	Sunburn Remedies
Corn Pads/Wraps	Sunscreen (30+ SPF)
Cough Drops (Medicated)	Thermometers
Cough Syrup	Travel Sickness Medication
Crutches	Urinary Pain Relief
Dairy Relief Products	Wart Remover Medication
Denture Repair	Yeast Infection Medication
Diabetes Monitoring Kit	
Earwax Removal Drops	



Possibly Eligible OTC Expenses

Breast pumps
Enema Products
Nasal Sprays
Nasal Strips
Prenatal Vitamins



Ineligible OTC Expenses

Anti-Aging Products	Plaque Removers
Black Cohosh	Vaseline
Body Building Products	Vitamins
Camphor Products	Zicam
Chamomile	Zinc Lozenges
Chapstick	
Cosmetic Items	
Cotton Balls	
Cranberry Supplements	
Dental Floss	
Dental Whitening Products	
Diet Pills	
Earplugs	
Echinacea	
Feminine Hygiene Products	
Fiber	
Food Products	
Foot Soap	
Garlic Pills	
Ginkgo Biloba	
Hair Removal or Bleaching Products	
Menthol Products	
Natural or Herbal Remedies	
Odor Eater Insoles	
Scar & Wound Ointment	
Sexual Enhancers	
Skin Moisturizers	
Sports Mouthguards	
St. John's Wort	
Stress-tabs	
Toothbrush	
Toothpaste	
Personal Lubricant	